

Ice Climbing Program Equipment List

This is our list for ice climbing programs in the United States. Unless otherwise noted all items on this list are required. We will do an equipment check at the start of the trip but it is important to work out any gear issues in advance. Please contact us if you have any questions.

Northwest Mountain School will provide all group climbing equipment such as ropes, ice screws, and the basic climbing rack.

Climbing Equipment

- Backpack:** Internal Frame 45-55 L Pack. Look for a simple and light pack, one that you can remove the frame from will allow you to lighten it up. Please keep in mind that you will be given some group gear to carry.
- Ice Tools:** examples include Petzl Quarks or Nomics
- Crampons:** i.e. Petzl M10 or Dartwin
- Alpine Climbing Harness w/ gear loops:** Petzl Adjama
- Climbing Helmet** (Petzl Elios or Meteor III)
- Carabiners:** 2 large locking i.e. Petzl Attache
- Belay/Rappel Device:** i.e. Petzl Reverso
- 1 Double Length Sewn Sling:** i.e. Petzl Fin'anneau 120 cm

Upper Body Clothing

- Synthetic Long Underwear Shirt:** mid-weight top i.e. Patagonia Capilene 2
- Insulating Jackets:** Fleece, Soft Shell, or other synthetic jacket. Bring 2
- Gore-tex jacket w/ hood:** Lightweight storm shell. i.e. Patagonia Jetstream Jacket
- Insulating Parka with hood:** This can be down or synthetic and should fit over all of your other layers. i.e. Patagonia Das Parka

Lower Body Clothing

- Synthetic Underwear**
- Synthetic Long Underwear bottoms (optional):** i.e. Patagonia Capilene 2
- Synthetic Climbing Pants:** i.e. Patagonia Guide Pant or French Roast Pants
- Shell pant w/ full side zips:**

Head, Hands, and Feet

- Warm Hat**
- Neck Gaiter/Light Balaclava/ or Buff**
- Sunglasses Glasses**
- Mid weight glove:** i.e. Black Diamond Torque
- Heavy Weight Glove** i.e. Black Diamond Specialist
- Boots:** Examples include Scarpa Phantom Lite, or Freney XT GTX
- Gaiters:** Be sure these fit over your boots. i.e. Outdoor Research Flex-TEX Gaiters
- 2 Pairs Mid-weight Synthetic Socks**

Other Items

- 1 Liter Water Bottles and a small Thermos**
- Personal Lunch Food:** Usually available in Ouray
- Small Camera**
- First aid kit w/ personal meds:** Guide will have large group kit.

Stores which Rent Ice Climbing Equipment in Ouray:

Ouray Mountain Sports at 970-325-4284 or online at www.ouraymountainsports.com