

Joshua Tree Rock Climbing Gear list

Northwest Mountain School will provide all of the climbing hardware & ropes. If you have any of your own technical climbing gear that you would like to use please feel free to bring it along. Helmets are required.

Being in the desert you can expect to encounter a wide spectrum of temperatures and conditions. In the mornings & evenings or on some of the shady routes you might be glad to have the warm hat and gloves listed below, while at other times on our trip we may be seeking out shade to avoid the heat.

Please feel free to contact us with any gear questions or for current conditions. Items marked with a **(R)** are available to rent from NMS.

Climbing Gear

- Helmet (R):** i.e. Petzl Elios or Meteor III
- Harness (R):** i.e. Petzl Adjama
- Chalk Bag w/ Climbing Chalk**
- Daypack (R):** 20-30 L this should be light and simple. i.e. Cilo Gear 30L Work Sack
- Belay Device:** i.e. Petzl Reverso 3
- 2 Locking Carabiners:** i.e. Petzl Attache Screw-lock
- 1 Double Length Sewn Sling:** i.e. Petzl Fin'anneau 120 cm

Upper Body Clothing

- T-shirts and/or Sports Tops**
- Synthetic Long Underwear Top:** light or mid-weight i.e. Patagonia Capilene 2
- Wind Jacket:** i.e. Patagonia Alpine Wind Jacket or Houdini
- Soft or Hard Shell jacket w/ hood:** i.e. Patagonia Stretch Ascent Jacket
- Light Down/Synthetic Jacket w/ hood:** This can be nice for belays & at camp i.e. Patagonia Micro Puff

Lower Body Clothing

- Shorts**
- Synthetic Long underwear bottoms (Optional):** For cooler days i.e. Patagonia Capilene 2
- Climbing pants:** Soft shell climbing pant i.e. Patagonia Simple Guide or Rock Guide Pant
- Cotton Pants:** Nice for kicking around camp i.e. Jeans

Head, Hands & Feet

- Warm Hat**
- Baseball cap**
- Sunglasses**

- Light gloves** i.e. OR Storm Tracker Glove

- Rock Shoes:** These should be comfortable all day shoes that still climb well. i.e. La Sportiva Mythos
- Approach/ Hiking Shoes:** Approach or lightweight hiking or running shoes. i.e. La Sportiva Boulder X
- Sandals/Flip Flops**
- Socks**



Other Items

- Headlamp (R):** i.e. Petzl Zipka Plus 2
- Sunscreen:** 2 oz tube with high SPF factor (30 or higher)
- Lip Balm w/ sunscreen:** SPF 15 or higher
- 2 - 1 liter water bottles or Hydration System:** A bladder type system is nice for longer routes - i.e. MSR Dromlite 2L Bag w/ hydration kit.
- Sunglasses**
- Lunch food**
- Small Camera (Optional)**
- 1 Roll 1.5" Cotton Athletic tape**
- Personal First Aid Kit w/ Personal Meds**
- Personal Lunch Food:** Bring a variety of types of food and aim for 1,500 calories/day.
- Batteries for Camera, Headlamp, etc.**

If you plan to camp with us add the following

- Sleeping Bag**
- Sleeping Pad**
- Dinners and Breakfasts:** We are set up to cook in the campsite and NMS will provide stoves, propane, and limited cooler space. Usually we will do a combination of cooking at the campsite and eating in town.
- Cup, Bowl, Spoon**
- Towel and Toiletries:** You can take showers in the town of Joshua Tree which is about a 20 min drive from the campground.
- iPod / Book**

Recommended Gear Shops

Nomad Ventures: In the town of Joshua Tree - www.nomadventures.com or 760-366-4684.

